

Makerere Palliative Care Unit; Essential Medicines List for Palliative Care

Medication	Formulation	Indication
Aciclovir	200mg tablets	Herpes simplex infection
Aciclovir	200mg/5ml suspension	Herpes simplex infection
Alprazolam	0.25mg tablets	Anxiety, Breathlessness
Amitriptyline	25mg tablets	Neuropathic Pain
Arachais oil	15 mls liquid plus enema preparation	Constipation (softening laxative)
Aqueous Cream	Cream - ASD	Skin care
Bisacodyl	5mg tablets	Constipation (stimulant laxative)
Chlorpromazine	25mg tablets	Delirium
Clonazepam	0.5mg tablets	Neuropathic Pain
Codeine Phosphate	30mg tablets	Diarrhoea, Pain (mild to moderate)
Dexamethasone	0.5mg tablets	Inflammation and/ or Pressure Symptoms
Dexamethasone	4mg/ml injection	Inflammation and/ or Pressure Symptoms
Diazepam	5mg tablets	Anxiety, Breathlessness
Diclofenac	50mg tablets	Pain
Dimenhydrinate	50mg tablets	Nausea and vomiting
Fluconazole	200mg tablets	Oral Candidiasis
Glycerin suppositories	2-4gs	Constipation
Haloperidol	5mg tablets	Delirium, Nausea and Vomiting
Haloperidol	5mg/ml injection	Delirium, Nausea and Vomiting
Hyoscine butylbromide	10mg tablets	Nausea, Terminal Respiratory Secretions
Hyoscine butylbromide	20mg/ml injection	Nausea, Terminal Respiratory Secretions
Ibuprofen	200mg tablets	Pain
Ketoconazole	200mg tablets	Fungal infections
Liquid paraffin	5mls oral emulsion	Constipation (softening laxative)
Loperamide	2mg capsules	Diarrhoea
Magnesium trisilicate	Tablets (magnesium trisilicate 250mg & aluminium hydroxide 120mg)	Gastro-oesophageal reflux disease
Metoclopramide	10mg tablets	Nausea and Vomiting
Metoclopramide	5mg/ml Injection	Nausea and Vomiting
Metronidazole	200mg non-enteric coated tablets	Crushed and applied topically to fungating wounds
Metronidazole suppositories	500mg suppositories	Inserted PV
Metronidazole Gel	ASD	Applied topically to fungating wounds
Metronidazole Intravenous Infusion	5mg/ml injection	Mixed with water to make mouthwash for fungating mouth wounds
Morphine	Oral Morphine Solution: 1mg/ml	Pain, Dyspnoea
Morphine	10mg/ml injection	Pain, Dyspnoea
Omeprazole	20mg capsule	Peptic ulcer disease/ reflux
Paracetamol	500mg tablets	Pain
Paracetamol Suppositories	125mg and 250mg suppositories	Pain
Prednisolone	5mg tablets	If Dexamethasone unavailable
Risperidone	2mg tablets	Delirium
Tramadol	50mg capsules	Pain
Tranexamic acid	500 capsules	Haemostasis

ASD – as directed

16/09/12