# Good care for people with HIV. Rights and Wrongs

Jane Anderson May 2013



#### HIV in evolution

Crisis
management
Palliative
care
Discovery

Intervention 1991 - 2001

Assessing
Efficacy
Gaining
virological
control

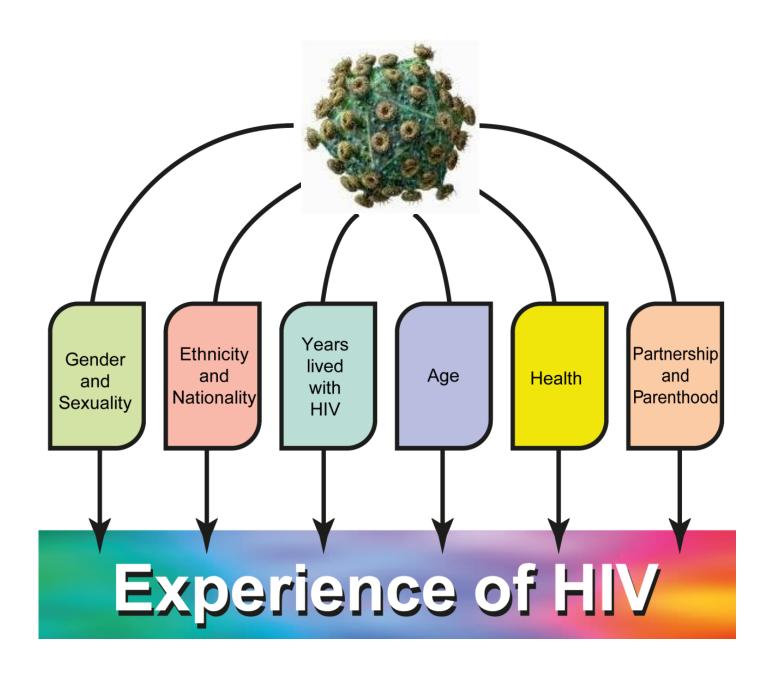
Stabilisation 2001 - 2012

Effectiveness Chronicity

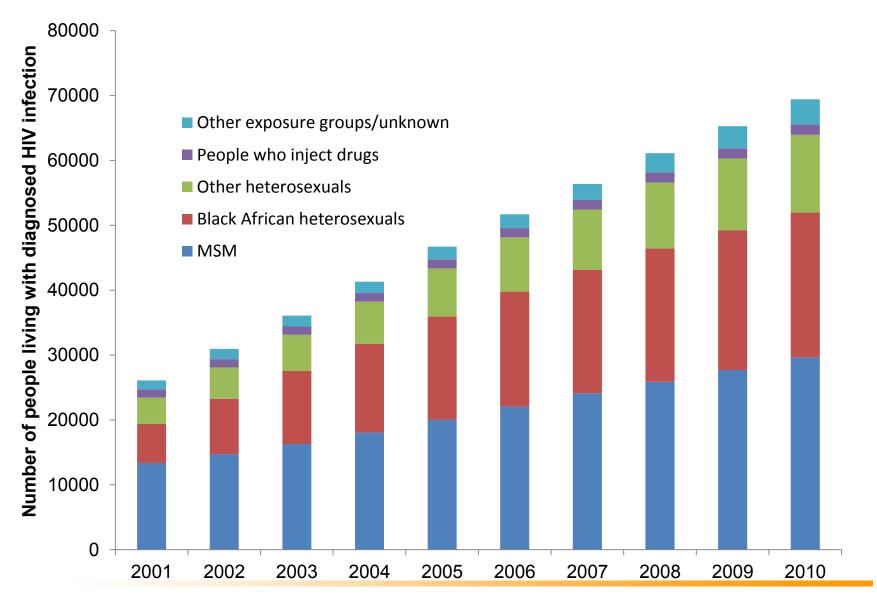
Ageing

Prevention

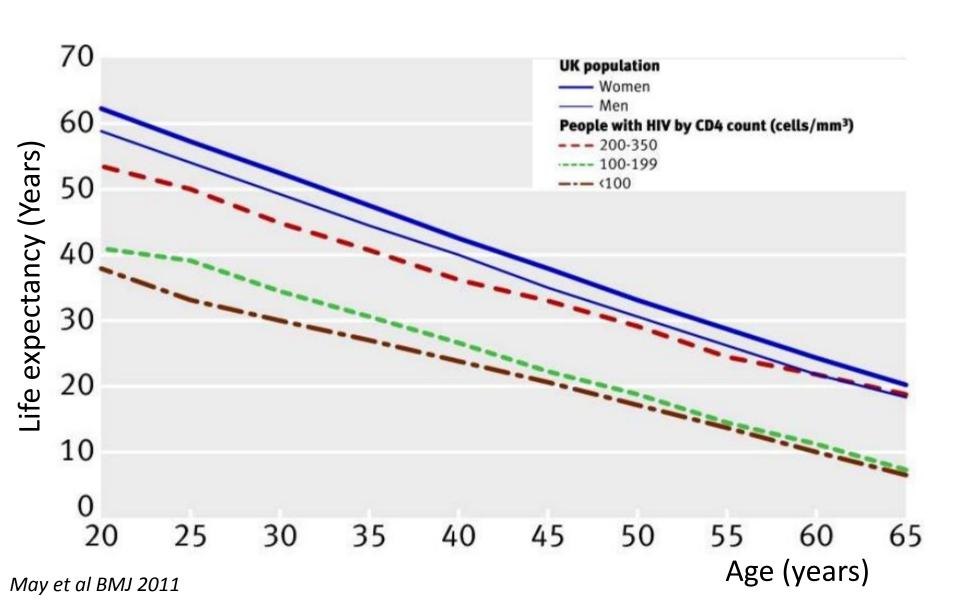
Disclosure



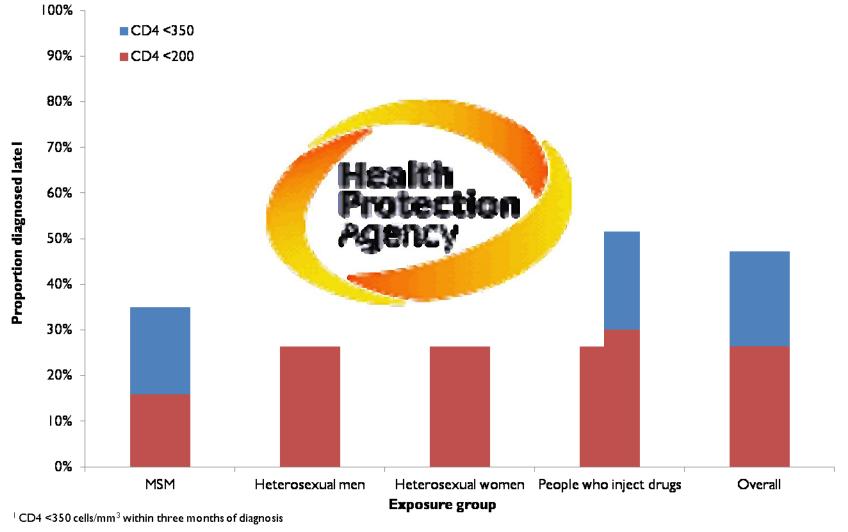
#### People living with HIV in the UK



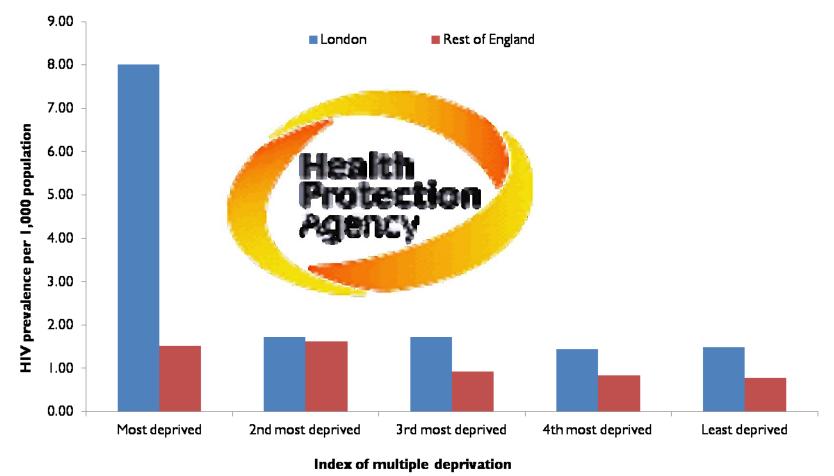
#### HIV & Life Expectancy in the UK



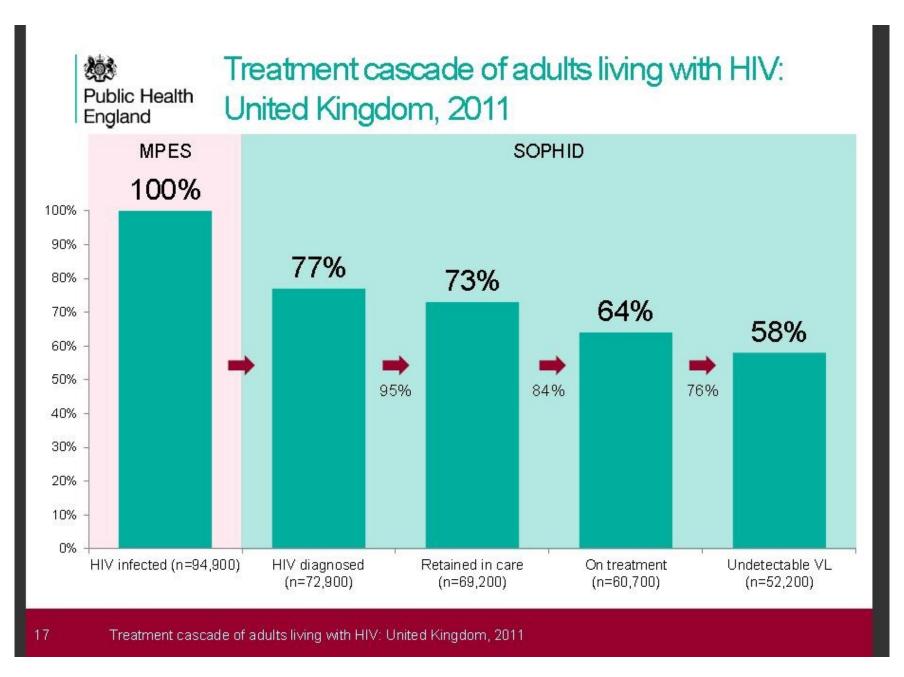
## Late diagnosis<sup>1</sup> of HIV infection by exposure group: United Kingdom, 2011

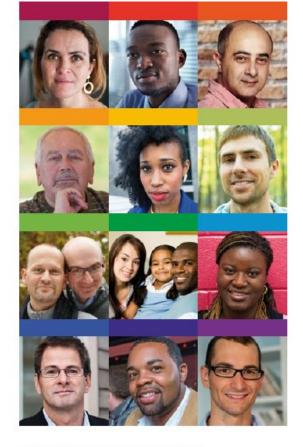


# Prevalence of diagnosed HIV infection among adults aged 15-59 years by residential deprivation: England, 2011









British HIV Association

Standards of Care for People Living with HIV 2013

# Benchmarking Quality: what is good care?



#### What should good care deliver?

- Life that is
  - as fulfilling as possible
  - for as long as possible
  - in the best possible health
- Maintaining health and wellbeing
- Sustaining and promoting relationships
- Staying safe and reducing risk



#### Angela

- 44 years old
- Visits her GP x3 over an 18 month period
- Night sweats, dry skin, recurrent vaginal candida
- Develops persistent cough, shortness of breath
- Admitted to hospital



Diagnosed with advanced HIV infection

#### HIV is under recognised by clinicians

- Snapshot audit in 2010
- 1,112 people newly diagnosed with HIV
- 52.2% baseline CD4 count below 350 c/mm<sup>3</sup>
- 30% clinical symptoms associated with HIV
- 25% of patients had at least one missed opportunity for an earlier diagnosis

#### Offer and recommend an HIV test

Wherever diagnosed HIV is more than 2 / 1000

√ when registering patients in primary care

√ when admitting patients as general medical admissions

✓ to anyone who has a blood test



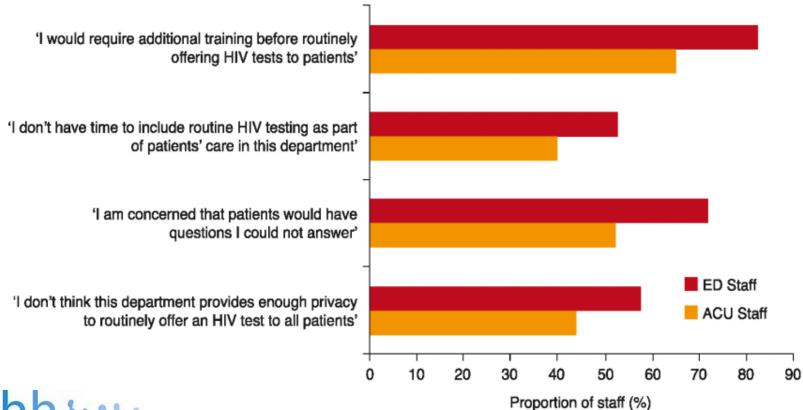
#### **ALL** primary and secondary care

- ✓ Promote testing to people from black African communities
- ✓ Promote testing to men who have sex with men
- √ People with indicator conditions
- ✓ Remember repeat testing
- ✓ Offering and recommending a HIV test should be within the existing competencies of health professionals.



## Physician barriers to HIV testing

HIV testing was offered to 4111 age-eligible patients in **Emergency Uni**ts or **Acute Care Units** within the UK





#### Beatrice

- 26 years old, living with her boyfriend
- Pregnant.
- HIV positive test on antenatal screening
- Tells her partner
- Relationship deteriorates
   Her partner becomes
   abusive.



With substantial support Beatrice leaves her partner

09/05/2013

#### Intimate Partner Violence

- Quantitative, questionnaire based study
- 350 women with HIV at Homerton
- Half the women living with HIV studied (n=191) had experienced IPV
- 1:7 women reported IPV in the previous year
- 1:7 women reported IPV in pregnancy



#### Colin

- 35years old, in a new relationship
- Tests HIV positive during a routine sexual health screen – CD4 count 550
- Partner tests HIV negative
- Colin's clinician discusses treatment to prevent transmission.



His partner strongly encourages Colin to start therapy

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#### **Treatment as Prevention**

- 1,763 heterosexual HIV-1—serodiscordant couples
- ART for the infected partner
- 96% reduction in transmission when HIV-positive partner starts treatment early



#### **UK Treatment Guidelines 2012**

#### Treatment to reduce transmission

**GPP** 

We recommend the evidence that treatment with ART lowers the risk of transmission is discussed with all patients, and an assessment of the current risk of transmission to others is made at the time of this discussion

**GPP** 

We recommend following discussion, if a patient with a CD4 count above 350 cell/ $\mu$ L wishes to start ART to reduce the risk of transmission to partners, this decision is respected and ART is started

#### Biomedical prevention - PrEP

- 2,499 HIV-negative MSM
- Daily emtricitabine plus tenofovir versus placebo.
- Those receiving the antiretroviral medication had a 44% reduction in HIV incidence
- Detectable blood levels strongly correlated with the prophylactic effect



#### How do we use PrEP in the UK?

Multi-centre, open label randomised design to immediate or deferred inclusion of pre-exposure prophylaxis as part of the package of HIV risk reduction interventions.

500 HIV negative MSM to be enrolled

Results expected 2015





#### Daniel

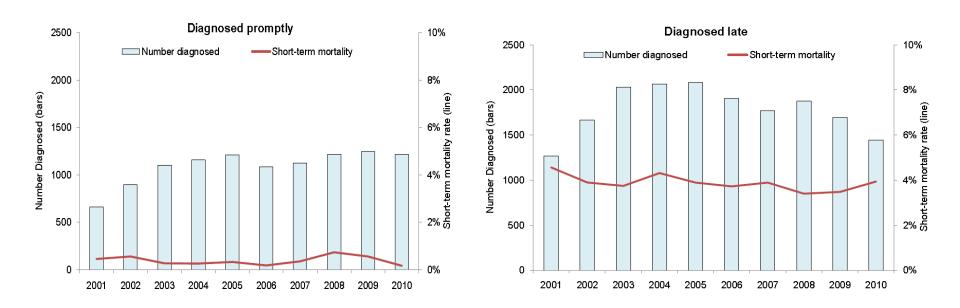
- Came to the UK from west Africa to study.
   Visa now expired.
- Presents to clinical care with tuberculosis, becomes very sick and needs ITU care.
- HIV test is positive.
- Treatment is started and Daniel slowly improves.



Borders Agency alerted and Daniel is subject to immigration detention

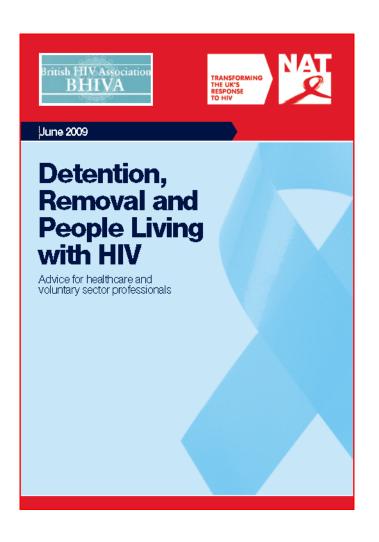
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# Prompt and late HIV diagnosis among non-UK born with associated short-term mortality: UK, 2001-2010



Health Protection Services. Migrant Health: Infectious diseases in non-UK born populations in the United Kingdom. An update to the baseline report – 2011. London: Health Protection Agency. 2011

#### HIV in Removal Centres 2009



- Access to high-quality clinical primary care services and secondary care with expertise in HIV and associated specialties
- Appropriate clinical handover to ensure continuity of care
- Adequate ARVs if removed (3/12)
- HIV testing (diagnosis for those infected) and prevention (for those uninfected)



# Detained and Denied

## The clinical care of immigration detainees living with HIV

when the doctor know that we were HIV positive he had a wiend book on his face, "like on no" we felt bad and rejected by his looks

I wanted to contra conceide.

Yes when I transfered from Brook house IRC at Galwich to Hammondsworth near Heathrow, I had to go for nearly 4 weeks without my Medication as the healthcare at Krook house did not bother to dispense it.

7. Are you aware of any examples where people harmed themselves whilst in detention?

yes. A man willed hunsely in detertion.

The long term detertion has made my children to africal of the police, their have sleepless rights, lost of apolitic, their think that their are not human beings engineers, their have no future and their thank that we are criminals.

### Medical Justice London

March 2011

http://www.medicaljustice.org.uk/images/stories/reports/d%26d.pdf



Dual Loyalties: The Challenges of Providing Professional Health Care to Immigration Detainees.

Physicians for Human Rights. March 2011

https://s3.amazonaws.com/PHR Reports/2011 DualLoyalties Final 3 24 2011 opt.pdf

Baby holds HIV at bay, doctors say Mississppi baby born with HIV apparently cured with aggresive treatment

CURE 1ST CHILD OF HIV

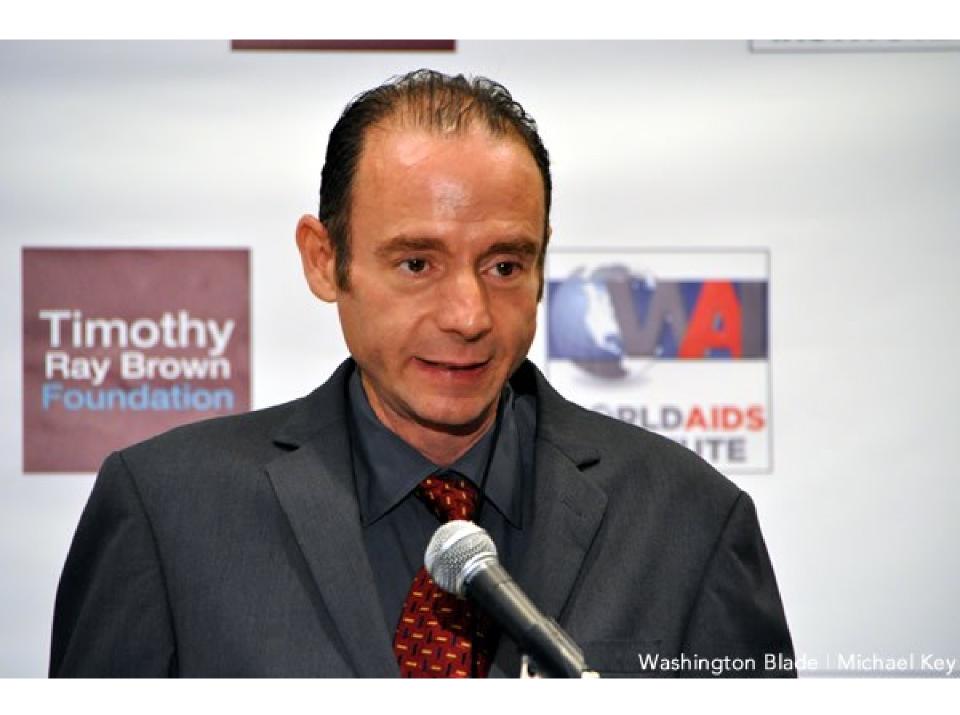
## DOCTORS HIV TOT CURE

Baby Cured of AIDS for the First Time, Researchers Say Infant born with HIV may be cured

No infection after year off medicines IN MEDICAL FIRST, A BABY WITH H.I.V. IS DEEMED CURED

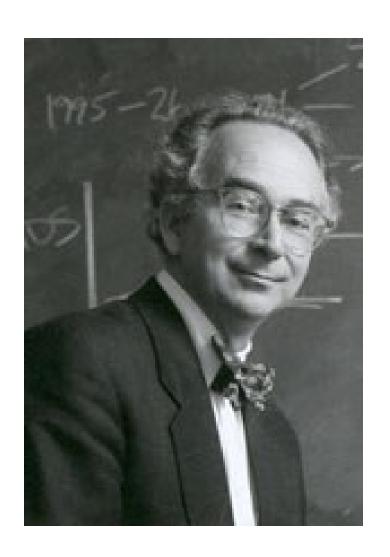
SOME SKEPTICISM VOICED

If Confirmed, Findings Could Lead to Shift in Treatments



#### Jonathan Mann 1947 - 1998

- "The third epidemic, of social, cultural, economic and political reaction to AIDS ....is as central to the global AIDS challenge as the disease itself."
- Jonathan Mann 1987





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